

**Physical Education Activity Option**

Student: \_\_\_\_\_

All New Jersey high school students are required to participate in three marking periods of physical education per school year. Haddonfield School District offers students an alternative: the **Physical Education Activity Option**. With this option, students who complete a season on an athletic team, the cheerleading squad, or the marching band/band front will be permitted to replace one marking period of physical education with one sport/activity. This option may be used to replace one to three marking periods of physical education. **A student participating in a sport may also remain in physical education class.**

Please note the following:

- Students must still fulfill their Health requirements
- Students will receive one ungraded credit of PE for each season of participation they use in place of a PE class.
- The *PE Activity Option* is only available for HMHS activities. The *PE Activity Option* counts as a student's sixth class.
- Seniors and juniors using this option are eligible for late arrival and early dismissal if their schedule permits.
- Because students may need to take Health during the season of participation, they cannot be guaranteed a study hall during that season.
- Completion of the season of extracurricular participation is required. Students must attend practice regularly. Leaving or being removed from an activity will result in the student's losing the one ungraded credit of PE. If this occurs after the first week of a quarter, the student may not enter PE until the next quarter and could be in danger not meeting the PE requirement for graduation and/or could lose NJSIAA athletic eligibility.
- If a student decides not to participate in an activity for which he or she has indicated on the *PE Activity Option* form that he or she would complete for PE credit, the student must inform the school counselor prior to the end of the first week of the marking period, so that necessary adjustments can be made to add another PE class to the student's schedule to meet requirements for graduation and NJSIAA eligibility.

**Please indicate your intention below:**

\_\_\_\_\_ will not request a PE Activity Option and will take PE for 3 marking periods.  
(Student Name)

\_\_\_\_\_ plans on participating in the following sports/activities and would like to use these sports/activities to replace \_\_\_\_\_ marking periods of PE. Please circle the sports/activities.

<i>Fall</i>	<i>Winter</i>	<i>Spring</i>
Band/Band Front	Basketball	Baseball
Cheerleading	Cheerleading - Winter	Crew - Spring
Crew - Fall	Crew - Winter	Golf (coed) *
Cross Country	Swimming	Lacrosse
Field Hockey	Winter Track	Spring Color Guard
Football	Wrestling	Softball
Soccer		Tennis - Boys
Tennis - Girls		Track

\* Only the top 12 players will be eligible to use golf as an Opt Out Sport.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent Signature